**June 23 Discussion Questions - Tears**

Lamentations 3

***Review***

**The Suffering of God’s Servant** (v. 1)

* Darkness, agony, bitterness (v. 2-6)
* Bondage, isolation and shame (v. 7-16)
* Restless, exhausted depression (v. 17-20)

**Finding Hope in the midst of Suffering**

* Focus on God’s Faithfulness (v. 21-23; 31-36)
* Rest Quietly in God’s grace (v. 24-30, 37-39)
	+ Don’t complain of the injustice God gave you, but rejoice in the justice Jesus took for you
* Humbly acknowledge God’s justice (v. 40-47)
* Grieve over the things that grieve God (v. 48-51)
* Call on the Lord in Faith (v. 52-57)

***Connect***

1. Have you ever had a pet die? How hard was that for you? Why?
2. What did that loss teach you about grieving and loss in general?

***Read Lamentations 3:1-5,16-33,52-58***

***Discuss***

1. In the opening section (v. 1-20) how does Jeremiah describe his suffering? What does this teach us about expressing our own emotions to the Lord?
2. How does Jeremiah’s suffering foreshadow the suffering of Jesus?
3. What does Jeremiah choose to focus on in his grief (v. 21-39)? How is that a model for us in our own suffering?
4. In the closing section (v. 40-66) what makes Jeremiah weep?

***Apply***

1. What does this chapter teach us about God?
2. What does it teach us about ourselves?
3. How is this relevant and helpful for you right now?

***Pray***

1. Let’s pray for each other (consider breaking into groups of 3) and share openly and honestly about the personal struggles in our lives.