

Since this is true

Overflow (Ephesians)

- In Christ we are **loved**, adopted, forgiven, holy... blessed.
- Before Christ we were dead in our sins but by grace through faith we have been made **alive**, raised up and seated with Him.
- As a result we have been **united** as fellow heirs with Christ and members of His one body.

"I bow before the Father...
so that Christ may dwell
in your hearts through faith –
that you,
being rooted and grounded in love,
may have strength **to comprehend**
with all the saints
what is the breadth and length
and height and depth,
and to know the love of Christ
that surpasses knowledge,
that you may be filled
with all the fullness of God." (3:14-19)

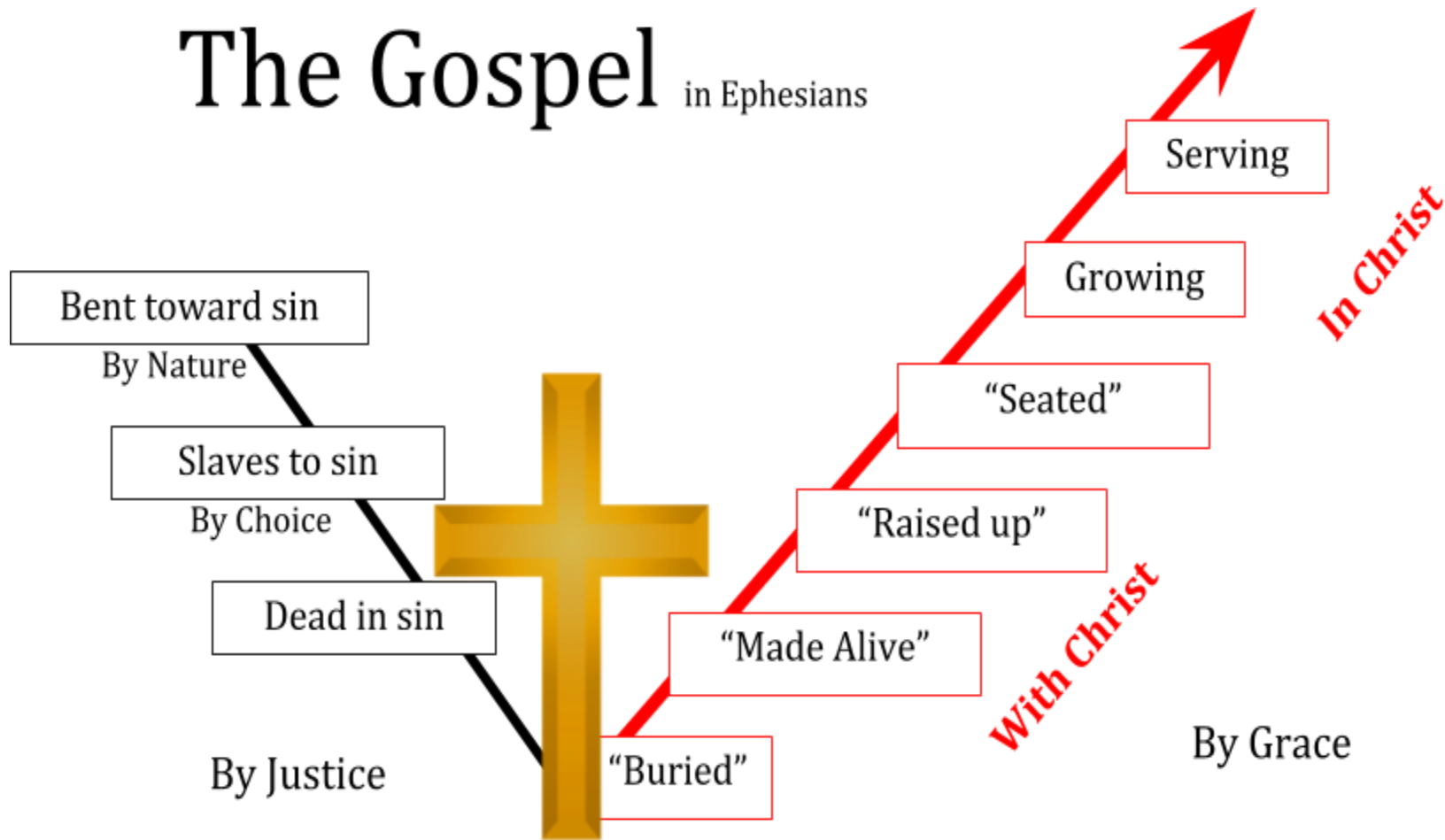
Therefore...

- (4:1) Live worthy of our calling
- (4:17) Don't live like the Gentiles with darkened minds and hardened hearts but be renewed in our minds and put on the new self
- (5:1) Live in love that is ruthlessly pure and holy
- (5:8) Live as children of light
- (5:15) Live with wisdom

(5:18) Be Filled with the Holy Spirit

- Speaking worshipfully
- Rejoicing spiritually (in your heart)
- Giving thanks constantly
- Submitting mutually
 - o Wives **respectfully** to their husbands as the church to Christ (5:22-24)
 - o Husbands **lovingly** to their wives as Christ loved the church **sacrificially** (5:25-33)
 - o Children **obediently** to their parents, with honor (6:1-3)

The Gospel in Ephesians



"And you were dead in the trespasses and sins in which you once walked... and were by nature children of wrath... But God, being rich in mercy... even when we were dead in our trespasses, made us alive with Christ – it is by grace you have been saved – and raised us up with him and seated us with him... For we are God's workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we