

# July 12 Discussion Questions

## “Search Me, O God!”

### Psalm 139

#### **Preview**

**BIG IDEA:** We can trust God to examine us and change us.

1. God knows us intimately - We cannot deceive Him (v.1-6)
2. God is with us constantly - We cannot escape Him (v.7-12)
3. God made us wonderfully - We cannot ignore Him (v.13-18)
4. God wants to change us spiritually - We must invite Him! (v.23-24)

“Spiritual assessment” = an intentional, extended period of time for humble submission, unbiased reflection, and holy aspiration.

#### **Connect**

1. What test made you feel the most nervous? Why was that the case?
2. Do you think tests are good? Why or why not?

#### **Read Psalm 139**

#### **Discuss**

3. How do we see that the Lord has searched and known us in v.1-6? Which one most impresses you?
4. What does it mean that God “hems us in, behind and before?” Can you think of a time when God kept you from something that would have hurt you?
5. Does God’s complete knowledge of you bring comfort or fear? Why?
6. What can we conclude from v.7-12? Have you tried to hide from God before? Why?
7. What most amazes you from v.13-16? How do we connect God’s design with God’s purpose for our lives?
8. Why do you think David finishes the psalm in v.23-24 the way he does?
9. What is a “spiritual assessment?” How is it different from a “quiet time?” Do you think it’s important?
10. Why do we not need to fear God’s assessment of our life? Why should we want Him to examine our hearts?

#### **Apply**

11. Have you invited God to do a spiritual assessment before? How do you approach this time with God?

12. What is something God has revealed to you about yourself that you didn't expect?  
How did you respond?
13. Are you feeling a need for a spiritual assessment or "spiritual retreat?" Why do you think that is? Are you able to schedule one right now and be held accountable to it by your group?

## **Pray**

### 14. Weekly Prayer Focus from Prayer Team

**Personal Focus:** Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24

**Ministry:** Pray for the Worship Team to continue leading us closer to God's heart. Pray that people will engage to even greater levels during the Sunday services. Pray for the Audio / Visual Team to find new recruits and continue adjusting to many moving pieces.