

# August 16 Discussion Questions

## “Be Strong in the Lord”

### Ephesians 6:10-17

#### **Preview**

*"Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm." Ephesians 6:10-13*

#### **How to Be Strong in the Lord:**

1. **Know** the Gospel (Eph. 6:14,17)
2. **Believe** the Gospel (Eph. 6:14-17)
  - *In Christ, I am righteous, secure and filled with the Spirit*
3. **Walk** in the Gospel (Eph. 6:15)
  - *In Christ, I have purpose and power to live*

#### **Connect**

1. Do you have an embarrassing memory of unknowingly showing up for something unprepared? How did it make you feel?
2. Why do Christians so often show up to their spiritual battles unprepared?

#### **Read Ephesians 6:10-17**

#### **Discuss**

3. What is the primary command Paul gives to Christians in this passage? According to v.11-12, why is such a command necessary?
4. How do you react to the reality of spiritual warfare? What emotions or questions come to the surface?
5. What is Paul's solution for how Christians are to wage warfare in the spiritual realm?
6. Which piece of the God's armor do you struggle to understand? Take time as a group to flesh out in practical terms what it means to arm yourself with each piece of armor.

7. We are prone to apply human wisdom and human strength to the problems we face. Take time as a group to name current problems our world faces. Then compare the world's perspective to a Christian's perspective on the matter. To what degree have you succumbed to or been consumed by a worldly conclusion in these matters?
8. What does God promise to those who actively fight in this spiritual battle? What will result in your life?

### **Apply**

9. Which piece of God's armor do you need to more actively arm yourself with? What does that mean practically for you?
10. What struggle in your life needs more intentionality from you to engage in spiritual warfare with?
11. How can you better prepare for spiritual battle? How can your community group encourage one another to more actively fight *this* battle?

### **Pray**

**Personal Prayer Focus:** Pray we will be diligent to put on the whole armor of God so we can stand firm as we face spiritual battles. "*Therefore put on the whole armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.*" Ephesians 6:13