**Exhort One Another**

Ephesians 4:17-24, 31-32

“You were dead in the trespasses and sins in which you once walked…” Ephesians 2:1

Recognize the **O\_\_\_\_\_ Y\_\_\_\_\_**, in sin (Eph. 2:1-3)

* Understand and reject your sinful **T\_\_\_\_\_\_\_\_\_\_\_\_** (v. 17-19,22)
	+ Beliefs > Values > Desires > Thoughts > Actions > Lifestyle
* Repent and **R\_\_\_\_\_\_\_\_\_\_\_\_** your sinful behavior (v. 19-22)

“You were taught in him… to ***put off your old self*** which belongs to your former manner of life.” Ephesians 4:22

Grow into the **N\_\_\_\_\_ Y\_\_\_\_\_**, in Christ (v. 20-21; Eph. 2:4-6)

* Renew your mind with the **T\_\_\_\_\_\_\_** *together* (v. 21-24)
	+ You are a new **C\_\_\_\_\_\_\_\_\_\_\_\_** in Christ (v. 24; 32)
	+ You were **S\_\_\_\_\_\_\_** with the Spirit (v. 30)
	+ You are part of the **B\_\_\_\_\_\_\_** of Christ (v. 25)
* Beliefs > Values > Desires > Thoughts > Actions > Lifestyle

“Be renewed in the spirit of your minds and to ***put on the new self***, created after the likeness of God in true righteousness and holiness.” Ephesians 4:23-24

* Cultivate new **P\_\_\_\_\_\_\_\_\_\_\_\_** *together*
	+ Speak the Truth (v. 25)
	+ Make Peace (v. 26-27)
	+ Work Hard (v. 28a)
	+ Give Generously (v. 28b)
	+ Speak in Love (v. 29)
	+ Be quick to Forgive (v. 31-32)

**Exhort One Another**

Eph. 4:17-24, 31-32

“You were dead in the trespasses and sins in which you once walked…” Eph. 2:1

Recognize the **Old You**, in sin (Eph. 2:1-3)

* Understand and reject your sinful **Thinking** (v. 17-19,22)
	+ Beliefs > Values > Desires > Thoughts > Actions > Lifestyle
* Repent and **Replace** your sinful behavior (v. 19-22)

“You were taught in him… to ***put off your old self*** which belongs to your former manner of life.” Eph. 4:22

Grow into the **New You**, in Christ (v. 20-21; Eph. 2:4-6)

* Renew your mind with the **Truth** *together* (v. 21-24)
	+ You are a new **Creation** in Christ (v. 24; 32)
	+ You were **Sealed** w/ the Spirit (v. 30)
	+ You are part of the **Body** of Christ (v. 25)
* Beliefs > Values > Desires > Thoughts > Actions > Lifestyle

“Be renewed in the spirit of your minds and to ***put on the new self***, created after the likeness of God in true righteousness and holiness..” Eph. 4:23-24

* Cultivate new **Practices** *together*
	+ Speak the Truth (v. 25)
	+ Make Peace (v. 26-27)
	+ Work Hard (v. 28a)
	+ Give Generously (v. 28b)
	+ Speak in Love (v. 29)
	+ Be quick to Forgive (v. 31-32)